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What are the keys of success in our own lives? When we look back our own achievement, we realize that people influence to our accomplishment. This kind of advantage is exprenced by Deo in a biography, *Strength in What Reminds*, the author Tracy Kidder reported about the life of the man from Burundi of the Central Africa, the life that Deo had experienced the most brutal aspect and the warmest kind aspect of human being. In 1994, when the civil war broke out in Rwanda bordered by Burundi to the south, genocide against Deo’s tribute overtook Deo, and Deo ran for his life for six months. The terrified and bloody experience imposed Deo nightmare every time he slept. The story begins when Deo landed to seek his new life at an international airport in New York City in the same year that the civil war broke out. When he arrived in America, he spoke French that he believed as a universal language, had only two hundred dollars and had no acquaintance. Eventually, he met brilliantly kind people who directed Deo to his desire, going back to school. The people helped Deo to resume his academic journey at Columbia university and medical school. Ultimately, Deo contributed to establish public health care system at Rwanda and he keeps challenging to be a doctor. This success is amazing because Deo had terrible experience. He could overcome these difficulties since he had both external support and internal strengths.

Support from people Deo met in the United State deeply affects his success. When people faces to an obstacle, support from acquaintances they knows makes they motivated and gives power to overcome the obstacles, the support the acquaintances provides them in various ways of help. Some people support them mentally. When human beings are facing a serious difficulty or a hard challenge, they would feel lonely and anxious because they would imagine that they fail at their challenge and obstacles. Also, they can lose their control easier than they usually do. Moreover, they fall into a bad circle that they think and imagine worse and worse. In Deo’s life, he met a mentally and physically dependable person named Sharon, who was a former nun at the beginning of his life in New York City. At the time Deo met Sharon, he was afraid of taking about himself and his life because he thought people who hated Deo’s race would come to kill him if his story spread out from Sharon, but Deo told his story to Sharon more than he wanted to as she asked him about his life because he realized Sharon was a dependable person and sensed intimacy in Sharon. From Deo’s accented English, Sharon found out Doe spoke French, she asked him in French with her friendly-sounding voice when they met first time. That demonstrates Sharon’s kindness and support for mental. People feel lonely when they live in a place where they do not know and where they cannot smoothly communicate with others due to the difference of languages. Even if Deo could understand what Sharon told him in English, the language did not sound intimacy to Deo. Speaking Sharon’s communicative French, she showed her kindness, so that Deo decided to reveal his life story and to lean on asking for help to find a doctor to treat his pathological condition. Deo gained external mental support from Sharon and that contributed to Deo’s success. This is important meet because

Deo’s determination of personal strengths contributed to his dream of going to back school. Determinations are potential strength in each person. People who are determined are control their outcome and experience well.